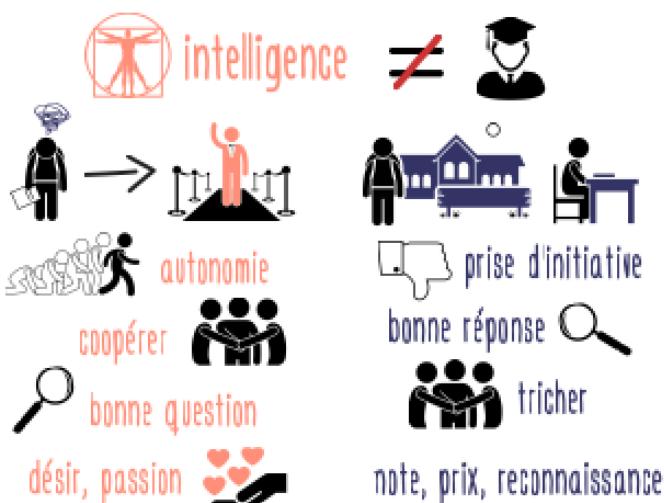
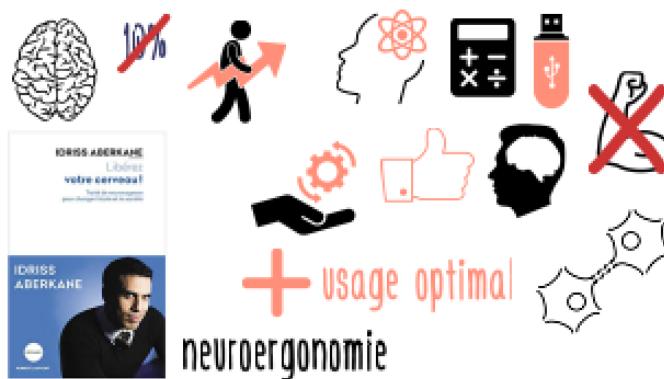


# LIBÉREZ VOTRE CERVEAU !



de Driss Aberkane

3. impuissance apprise → puissance apprise
  4. être un amateur délibéré
  5. pratiquer l'exploration
  6. spatialiser sa pensée
  7. ignorer ses pairs
- Icons for each step:
- Step 3: Person thinking, key, lock.
  - Step 4: Person with heart, hand holding plant.
  - Step 5: Scale, magnifying glass, person with brain.
  - Step 6: Person with lightbulb, person with desk, person with circular arrows.
  - Step 7: Cloud of people, person with speech bubble, person with magnifying glass.
- Text: idées, connaissance, mémoire