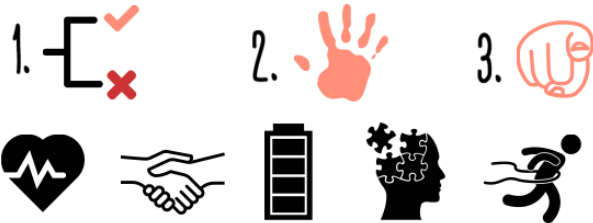
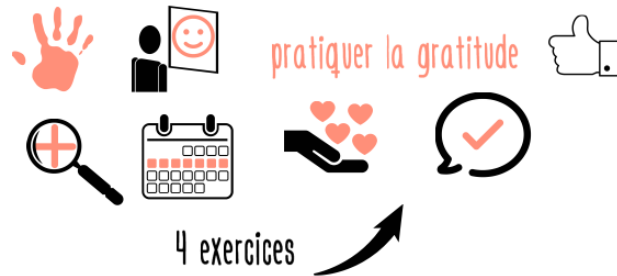
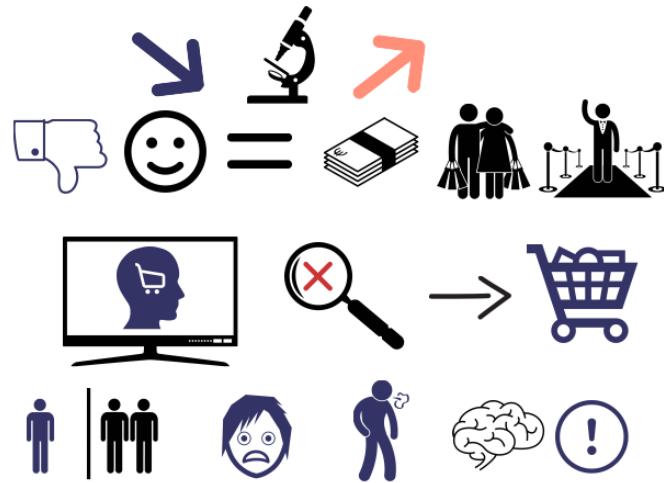
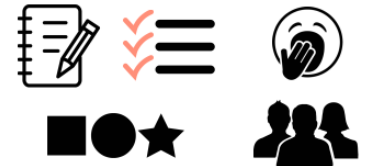


LA "GRATITUDE ATTITUDE"

de Jem Friar



1. les 3 gritudes



2. les moments magiques



3. les 5 minutes des merveilles



4. expression d'appréciation

